



Dear colleagues

It gives me great pleasure to welcome you all to the FIRST congress of the ASPCN in the beautiful city of Alexandria.

I promise you three days of extreme science and updated knowledge together with selected social events that will help you explore the beauties and treasures of the Mediterranean area.

Join us to exchange knowledgeable experience of Arab professors and experts together with their colleagues of Ain Shams University.

Digging into the depth of the field of Pediatric Clinical Nutrition, we guarantee that this event will have a positive impact on the clinical practice of all pediatricians.

Looking forwards to spending the period between 5th and 8th of October 2017 among you.

Best regards

Prof. Dr. Sanaa Youssef Shaaban

President of the Congress and Head of the ASPCN society

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**Prof. Dr. Hanan Ibrahim
Prof. Dr. Omnia El Rashidy
Dr. Terez Boshra
Dr. Yasmin Gamal**

Program

at a glance

Wednesday
5th October

08:00 AM – 01:00 PM
01:00 PM – 03:00 PM
04:00 PM – 05:30 PM
05:30 PM – 06:00 PM
06:00 PM – 06:45 PM
07:00 PM – 07:45 PM
08:00 PM – 10:00 PM

Arrival to the hotel and registration

Lunch time

Session 1

Coffee break

Education session 1

Education session 2

Dinner

Thursday
6th October

09:00 AM – 09:30 AM
09:45 AM – 10:15 AM
10:30 AM – 11:00 AM
11:00 AM – 12:30 PM
01:00 PM – 03:00 PM
03:00 PM – 04:45 PM
04:45 PM – 05:30 PM
05:30 PM – 06:00 PM
06:00 PM – 07:30 PM
07:30 PM – 08:30 PM

Education session 3

Education session 4

Opening Ceremony and Welcome Note

Session 2

Lunch

Session 3

Educational session 5

Coffee break

Session 4

Education session 6

Friday
7th October

09:30 AM – 10:15 AM
10:15 AM – 12:00 PM
12:00 PM – 03:00 PM
03:00 PM – 03:20 PM
03:20 PM – 03:50 PM
04:00 PM – 05:30 PM
05:30 PM – 06:00 PM
06:00 PM – 07:50 PM
08:00 PM – 10:00 PM

Education session 7

Session 5

Prayers time and Lunch

Dangers of plastics

Education session 8

Education session 9

Coffee break

Session 6

Dinner



Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition



Arab Nutrition Meeting

Day 1

Wednesday
5th October

5th - 8th October, 2016 | Alexandria - Egypt
www.aspcn-congress.com



Arab Nutrition Meeting

Wednesday
5th October



08:00 AM – 01:00 PM

Arrival to the hotel and registration

01:00 PM – 03:00 PM

Lunch time



04:00 PM – 05:30 PM

Session 1 | Free Paper session

Chairpersons

Prof. Dr. Maged Ashraf

Prof. Dr. Ehab Al-Hakeem

04:00 PM – 04:15 PM

Topics & Speakers:

Nutritional factors and autism spectrum disorders

Prof. Dr. Heba Al-Shahawey

04:15 PM – 04:30 PM

Screening of malnutrition in Egyptian hospitalized children

Dr. Yassmin Gamal

04:30 PM – 04:45 PM

Hemostatic Mechanisms in Obese Children & Lipid Profile

Dr. Yassmin Shebl

04:45 PM – 05:00 PM

Hidden threats in childhood obesity

Dr. Omnia Magdy Omar

05:00 PM – 05:15 PM

Food Allergy

Dr. Doaa Heba

05:15 PM – 05:30 PM

Discussion and recommendations

05:30 PM – 06:00 PM

Coffee break





Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Wednesday
5th October



Time

Chairpersons & Topics & Speakers

06:00 PM – 06:45 PM

Education session 1

Chairpersons

Prof. Dr. Nader Faseeh

Prof. Dr. May Nassar

Topic & Speaker:

Breast Feeding

Prof. Dr. Ashraf Ayad

06:00 PM – 06:45 PM

06:45 PM – 07:00 PM

Q&A

07:00 PM – 07:45 PM

Education session 2

Chairpersons

Prof. Dr. Enas Rafaat

Prof. Dr. Nader Faseeh

Topic & Speakers:

Living without milk: Is it possible?

Prof. Dr. Sanaa Shaaban

Dr. Yasmin Gamal

07:00 PM – 07:45 PM

07:45 PM – 08:00 PM

Q&A

08:00 PM – 10:00 PM

Dinner time





Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition



Arab Nutrition Meeting

Day II

Thursday
6th October

5th - 8th October, 2016 | Alexandria - Egypt
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Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Thursday
6th October



Time

Chairpersons & Topics & Speakers

Health benefits of optimum nutrition

09:00 AM – 09:30 AM

Education session 3

Chairpersons

Prof. Dr. Alyaa Kotby

Prof. Dr. Tarek El-Walili

Prof. Dr. Hany Ali Huessin

09:00 AM – 09:30 AM

Topic & Speaker:

Nutrition and the brain

Prof. Dr. Adel Reyad

09:30 AM – 09:45 AM

Q&A

09:45 AM – 10:15 AM

Education session 4

Chairpersons

Prof. Dr. Abdel Haleem Badr El-Din

Prof. Dr. Ashraf Shaalan

Prof. Dr. Magda Youssef

09:45 AM – 10:15 AM

Topic & Speaker:

Obesity

Assist Prof. Dr. Eslam El Baroudy UAE

10:15 AM – 10:30 AM

Q&A



Arab Nutrition Meeting

Thursday
6th October



10:30 AM – 11:00 AM

Chairpersons & Topics & Speakers

Opening Ceremony and Welcome Note

Prof. Dr. Sanaa Youssef

Prof. Dr. Abdel Haleem Badr El-Din

Prof. Dr. Aziz Kolailat *Lebanon*

Prof. Dr. Wafaa Ayesh *UAE*

11:00 AM – 12:30 PM

Session 2 | *Obesity interventional measures*

Chairpersons

Prof. Dr. Mahmoud Al-Zalabany

Prof. Dr. Ahmed Medhat

Prof. Dr. Mahmoud Tarek

Topics & Speakers:

11:00 AM – 11:20 AM

Bariatric surgery in children Ain Shams experience

Dr. Mohammed Hesham *Egypt*

11:20 AM – 11:40 AM

Intra-gastric balloons in children

Assistant Prof. Dr. Tarek Barakat *Egypt*

11:40 AM – 12:00 PM

Post bariatric nutrition in children What we need to know

Prof. Dr. Randa Mabrouk *Egypt*

12:00 PM – 12:20 PM

Obesity and the immune system

Assistant Prof. Dr. Safaa El Hussein *Egypt*

12:20 PM – 12:30 PM

Discussion and recommendations

01:00 PM – 03:00 PM

Lunch time





Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Thursday
6th October



Time

Chairpersons & Topics & Speakers

03:00 PM – 04:45 PM

Session 3 | *Nutrition & perinatal immune modulation*

Chairpersons

Prof. Dr. Gamal Samy

Prof. Dr. Hisham Awad

Prof. Dr. Ehab El-Sawy

Topics & Speakers:

Beginning of life with LIFE Breast milk and mucosal immunity

General Dr. Mourad El Alfy *Egypt*

03:00 PM – 03:20 PM

03:20 PM – 03:40 PM

Microbiota

Prof. Dr. Aziz Kolilat *Lebanon*

03:40 PM – 04:00 PM

Programming immune system

Prof. Dr. Enas Raafat *Egypt*

04:00 PM – 04:20 PM

Formula beyond nutrient composition

Prof. Dr. Wafaa Ayesh *UAE*

04:20 PM – 04:40 PM

Understanding gut microbiota impact on infantile colic

Prof. Dr. Islam El-Baroudy *UAE*

04:40 PM – 04:45 PM

Discussion and recommendations



Arab Nutrition Meeting

Thursday
6th October



Chairpersons & Topics & Speakers

04:45 PM – 05:15 PM

Education session 5

Chairpersons

Prof. Dr. Sanaa Shaaban

Prof. Dr. Khaled El-Atawi UAE

Prof. Dr. Wafaa Ayesh UAE

04:45 PM – 05:15 PM

Topic & Speaker:

Raising your child intellect

Prof. Dr. Adham Hegazy

05:15 PM – 05:30 PM

Q&A

05:30 PM – 06:00 PM

Coffee break





Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Thursday
6th October



Time

Chairpersons & Topics & Speakers

06:00 PM – 07:30 PM

Session 4 | Vaccinations

Chairpersons

General Dr. Mourad El Alfy
Prof. Dr. Ashraf Abdelwahed

Prof. Dr. Aziz Kolilat *Lebanon*

06:00 PM – 06:20 PM

Topics & Speakers:

Basics of vaccination

Prof. Dr. Ehab Khairy *Egypt*

06:20 PM – 06:40 PM

Vaccination in asthmatic patients

Prof. Dr. Eman Fouda *Egypt*

06:40 PM – 07:00 PM

Vaccination in malnutrition

Prof. Dr. Hanan Ibrahim *Egypt*

07:00 PM – 07:20 PM

Vaccination in renal diseases

Prof. Dr. Ehab El-Hakeem *Egypt*

07:20 PM – 07:30 PM

Discussion and recommendations



Arab Nutrition Meeting

Thursday
6th October



Chairpersons & Topics & Speakers

07:30 PM – 08:15 PM

Education session 6

Chairpersons

Prof. Dr. Galila Mokhtar

Prof. Dr. Adham Hegazy

Prof. Dr. Islam El-Baroudy UAE

07:30 PM – 08:15 PM

Topic & Speakers:

The story of iron from A to Z

Prof. Dr. Ehab Khairy

Prof. Dr. Mohammed El-Barbary

08:15 PM – 08:30 PM

Q&A

08:30 PM – 10:30 PM

Dinner time





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Arab Nutrition Meeting

Day III

Friday
7th October

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Arab Nutrition Meeting

Friday
7th October



Time

Chairpersons & Topics & Speakers

Nutrition, Gut & Immune system modulation

09:30 AM – 10:00 AM

Education session 7

Chairpersons

Prof. Dr. Fawaz El Refaee *Kuwait*

Prof. Dr. Othman El-Sayed

09:30 AM – 10:00 AM

Topic & Speaker:

Complementary feeding

Prof. Dr. Mostafa Hodhod

10:00 AM – 10:15 AM

Q&A



Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Friday
7th October



Time

Chairpersons & Topics & Speakers

10:15 AM – 11:45 AM

Session 5 | *Nutritional aspects of GIT disorders*

Chairpersons

Prof. Dr. Mostafa Hodhod

Prof. Dr. Omnia Al-Rasheidy

Topics & Speakers

10:15 AM – 10:35 AM

Nutrition in carbohydrate malabsorption

Prof. Dr. Mostafa Hodhod *Egypt*

10:35 AM – 10:55 AM

Feeding of the neurologically impaired child

Dr. Fawaz Al-Refae *Kuwait*

10:55 AM – 11:15 AM

Elimination diet

Prof. Dr. May Nassar *Egypt*

11:15 AM – 11:35 AM

Can immunity cure gut dysfunction

Prof. Dr. Nehal el koufy *Egypt*

11:35 AM – 11:55 AM

Milk reaction and H pylori

Prof. Dr. Hany Ali Hussein *Egypt*

11:55 AM – 12:00 PM

Discussion and recommendations

12:00 PM – 03:00 PM

Prayers time and Launch





Arab Nutrition Meeting

Friday
7th October



Chairpersons & Topics & Speakers

Chairpersons

Prof. Dr. Nehal El Koufy

Prof. Dr. Eman Fouda

03:00 PM – 03:20 PM

Dangers of plastics

03:00 PM – 03:20 PM

Topic & Speaker:

Dangers of plastics

Prof. Dr. Maged Ashraf

03:20 PM – 03:50 PM

Education session 8

03:20 PM – 03:50 PM

Topic & Speaker:

Communication skills

Prof. Magda Youssef *Qatar*

03:50 PM – 04:00 PM

Q&A

04:00 PM – 05:30 PM

Education session 9

Chairpersons:

Prof. Dr. Omnia Al-Rashidy

Prof. Dr. May Nassar

Prof. Dr. Marina Jovanovic *kuwait*

Topic & Speakers:

Ketogenic diet

Prof. Dr. Omnia Al-Rashidy

Prof. Dr. May Nassar

Dr. Yasmin Gamal

05:30 PM – 06:00 PM

Coffee break





Congress of ASPCN

Arab Society of Pediatric Clinical Nutrition

Friday
7th October



Chairpersons & Topics & Speakers

06:00 PM – 07:50 PM

Session 6 | Immune boosting nutrition

Chairpersons

Prof. Dr. Tharwat Deraz
Prof. Dr. Shebl Saied

Prof. Dr. Hanan Ibrahim

06:00 PM – 06:20 PM

Topics & Speakers:

Apitherapy and immunity

Prof. Dr. Mamdouh Abd El Maksoud *Egypt*

06:20 PM – 06:40 PM

Complementary feeding and immune system

Dr. Ehab Khairy *Egypt*

06:40 PM – 07:00 PM

Responsive nutrition

Prof. Dr. Osama El-Asheery *Egypt*

07:00 PM – 07:20 PM

Lung messages of nutritional deficiencies

Assistant Prof. Dr. Terez Boshra Kamel *Egypt*

07:20 PM – 07:40 PM

Diet as an immune shield

Dr. Yasmin Gamal *Egypt*

07:40 PM – 07:50 PM

Discussion and recommendations

08:00 PM – 10:00 PM

Dinner time





Arab Nutrition Meeting

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